

ACTION PLAN TO HELP YOU MANAGE A CHILD WITH CHALLENGING BEHAVIORS

Remember: Many children with problem behaviors have a skill delay in language, social, behavior or emotional development. Some problem behaviors are rooted in medical issues or to events happening around the child.

STEP 1: APPROACHING FAMILIES

Initiate a discussion with families about their child's specific behaviors that you are concerned about.

- Use developmental guides to support your observations with facts.
- Listen, listen, listen.
- Give parents time to think and respond to what you said. They may want to discuss this issue with family members.

STEP 2: CONSULTING CHILD'S PRIMARY CARE PROVIDER

- Doctors will get more details of the concerns and make a list of possible issues that contribute to behavioral concerns
- A medical work up will be considered (eg hearing test, referrals to specialists, sleep diary).
- Medical intervention will be considered. (eg. tubes for ears, Melatonin for sleep)
- Many doctors are able to conduct developmental screening but may refer to a specialist, if necessary.

STEP 3: ACCESSING A DEVELOPMENTAL EVALUATION

If child is younger than 3 years, developmental assessment may be requested through Arkansas First Connections Early Intervention Program.

This program connects children with suspected developmental delays to providers of developmental intervention services. These services are free to eligible children and their families.

Arkansas First Connections Early Intervention Program 1-800-643-8258
Early Intervention Coordinator 1-501-682-8156

If child is between 3 and 5 years of age, developmental assessment may be requested through local educational cooperative.

This program will provide developmental and educational evaluation and intervention services for children with developmental delays.

Early Childhood Special Education office at the Arkansas Department of Education at 501-682-4221 (main)

<http://www.arkansased.org/contact-us/education-service-cooperatives>
(local listing)

STEP 4: CONSIDER CONSULTING WITH A BEHAVIOR SPECIALIST

The following is a compilation of behavior supports and resources available in Arkansas.



PROJECT PLAY connects child care programs with free mental health consultation to help child care staff and families learn strategies to manage challenging behavior in children from birth to age 6.

Email: projectPLAY@uams.edu

Web: www.projectplay.uams.edu

Child Study Center Outpatient Therapy Clinic at UAMS/ACH



This clinic offers evaluations for children preschool age up to 13 years with behavioral concerns. Individual, family and group therapy is also available. A physician referral is needed.

Phone: 501-364-5150

ACH Appointment Center: 501-364-4000

<http://www.uamshealth.com/childstudycenter>

COMMUNITY MENTAL HEALTH CENTERS

Community Mental Health Center (CMHC) Catchment Areas



Community Mental Health Centers provide an Early Childhood Coordinator who can provide information and resources on challenging behaviors.

List of Mental Health Centers is on

<http://humanservices.arkansas.gov/dbhs/Documents/CMHC%20Areas.pdf>

Community Counseling Services, Inc.

125 Dons Way

Hot Springs, AR 71913

24-Hour Emergency Number: 501- 624-7111 or 1-800-264-2410

<http://www.communitycounselingservices.org>

Counseling Associates Inc.

350 Salem Road

Conway, AR 72034

24-Hour Emergency Number: 1- 800-844-2066

www.caiinc.org

Counseling Clinic Inc.

307 East Sevier Street

Benton, AR 72015

24-Hour Emergency Number: 501-315-2415

<http://www.cc-inc.org>

Delta Counseling Associates

790 Roberts Drive

Monticello, AR 71655

24- Hour Emergency Number: 1-800-323-2703

www.deltacounseling.org

Health Resources of Arkansas Inc.

25 Gap Road

Batesville, AR 72501

24-Hour Emergency Number: 1-800-592-9503

www.healthresourcesofarkansas.com

Little Rock Community Mental Health Center

4400 Shuffield Drive

Little Rock, AR 72205

24-Hour Emergency Number: 501-686-9300

<http://lrcmhc.org>

Midsouth Health Systems Inc.
2707 Browns Lane
Jonesboro, AR 72401
24-Hour Emergency Number: 1-800-356-3035
www.mshs.org

Ozark Guidance Inc.
2400 South 48th Street
Springdale, AR 72762
24-Hour Emergency Number: 479- 750-2020 or 1-800-234-7052
www.ozarkguidance.org

Professional Counseling Associates
3601 Richards Road
North Little Rock, AR 72117
24-Hour Emergency Number: 501-221-1843
www.pca-ar.org

South Arkansas Regional Health Center
715 North College
El Dorado, AR 71730
24-Hour Emergency Number: 870- 862-7921
www.sarhc.org

Southeast Arkansas Behavioral Healthcare System Inc.
2500 Rike Drive
Pine Bluff, AR 71603
24-Hour Emergency Number: 1-800-272-2008
www.sabhs.org

Southwest Arkansas Counseling and Mental Health Center
2904 Arkansas Boulevard
Texarkana, AR 71854
24-Hour Emergency Number: 1-800-652-9166

Western Arkansas Counseling & Guidance Center
3111 South 70th Street
Fort Smith, AR 72917
24-Hour Emergency Number: 1-800-542-1031
www.wacgc.org

SPECIALITY CLINICS:

Birch Tree Communities Inc.
1718 Old Hot Springs Highway
Benton, AR 72018
501-315-3344
24-Hour Emergency Number: 501-315-3344
www.birchtree.org

Centers for Youth and Families
5800 West 10th Street, Suite 101
Little Rock, AR 72225
501-666-8686
24-Hour Emergency Number: 501-666-8686 or 1-888-868-0023
www.centersforyouthandfamilies.org

GAIN Inc.
712 West 3rd Street, #100
Little Rock, AR 72201
501-379-4246
24-Hour Emergency Number: 501-258-4246 or 501-681-4246

EDUCATIONAL COOPERATIVES

Provide an Early Childhood Behavior Interventionist who may be available for consultation.

501-682-4221 (main number)
<http://www.arkansased.org/contact-us/education-service-cooperatives> (local listing)

[Arch Ford Education Service Cooperative](#)

[Phillip Young](#), Director
101 Bulldog Drive
Plumerville, AR 72127
Phone: 501-354-2269

[Arkansas River Education Service Cooperative](#)

[Barbara Warren](#), Director
912 West Sixth Avenue
Pine Bluff, AR 71601
Phone: 870-534-6129

[Crowley's Ridge Education Service Cooperative](#)

[John Manning](#), Director
1606 Pine Grove Lane
Harrisburg, AR 72432
Phone: 870-578-5426

[Dawson Education Service Cooperative](#)

[Ron Wright](#), Director
711 Clinton Street, Suite 201
Arkadelphia, AR 71923
Phone: 870-246-3077

[DeQueen/Mena Education Service Cooperative](#)

[John Ponder](#), Director
305 South Hornberg Avenue
Gillham, AR 71841
Phone: 870-386-2251

[Great Rivers Education Service Cooperative](#)

[Suzann McCommon](#), Director
P.O. Box 2837
Helena-West Helena, AR 72390
Phone: 870-338-6461

[Northcentral Arkansas Education Service Cooperative](#)

[Dr. Dennis Martin](#), Director
99 Haley Street
Melbourne, AR 72556
Phone: 870-368-7955

[Northeast Arkansas Education Service Cooperative](#)

[Donna Harris](#), Director
211 West Hickory Street
Walnut Ridge, AR 72476
Phone: 870-886-7717

[Northwest Education Service Cooperative](#)

[Mike Van Dyke](#), Director
4 North Double Springs Road
Farmington, AR 72730
Phone: 479-267-7450

[Ozarks Unlimited Resource Education Service Cooperative](#)

[Rick Nance](#), Director
P.O. Box 610
Valley Springs, AR 72682-0610
Phone: 870-429-9099

[South Central Education Service Cooperative](#)

[Marsha Daniels](#), Director
2235 California Southwest
Camden, AR 71701
Phone: 870-836-1600

[Southeast Arkansas Education Service Cooperative](#)

[Karen Eoff](#), Director
1022 Scogin Drive
Monticello, AR 71655
Phone: 870-367-6848

[Southwest Arkansas Education Cooperative](#)

[Phoebe Bailey](#), Director
2502 South Main
Hope, AR 71801
Phone: 870-777-3076

[Western Arkansas Education Service Cooperative](#)

[Guy Fenter](#), Director
3010 East Highway 22, Suite A
Branch, AR 72928
Phone: 479-965-2191

[Wilbur D. Mills Education Service Cooperative](#)

[Jeff Williams](#), Director
P.O. Box 850
Beebe, AR 72012
Phone: 501-882-5467

Migrant Education Operating Agencies

[Boston Mountain Education Service Cooperative](#)

[John Selph](#), Director
P.O. Box 419
West Fork, AR 72753
Phone: 479-839-3030

[Northeast Arkansas Migrant Education Cooperative](#)

[Beth McCarty](#), Director
103 W. Park Avenue
Bald Knob, AR 72010
Phone: 501-724-6227

[South Arkansas Migrant Education Cooperative](#)

[Pat Williford](#), Director
205 Smith Road, Suite B
Hope, AR 71801
Phone: 870-777-3743

[Western Arkansas Migrant Education Cooperative](#)

[Cindy Cole](#), Director
3010 East Highway 22, Suite A
Branch, AR 72928
Phone: 479-965-2191

CHILD HEALTH MANAGEMENT SITES

Lists providers that offer behavior management techniques for Medicaid-eligible children with disabilities from birth to 5 years.

Go on

<https://www.medicaid.state.ar.us/InternetSolution/Provider/Search/Provider/ProviderSearch.aspx> and click on Child Health Management Sites in the dropdown menu to find a provider

ARKANSAS BEST EFFECTIVE SERVICES FOR TRAUMA (BEST)

The mission of AR BEST is to improve outcomes for traumatized children and their families in Arkansas through excellence in clinical care, training, advocacy and research.

Their website <http://uams.edu/arbest/> provides information on therapists who are trained to work with these children