

Training on Health and Safety Topics for Child Care Directors and Staff

Caring for our Children (CFOC) standard 2.4.2.1	Arkansas Minimum Licensing Standards	Arkansas Minimum Licensing Standards	Examples of Training Resources
	DIRECTORS #302.7 <i>asst dir/site supervisors, orientation, 15 hours/year early childhood, topics not specified</i>	ALL STAFF #206.4-5 <i>Orientation, 15 hours/year job-specific, but topics not specified</i>	
Promoting healthy mind and brain development	Child growth and development	Appropriately responding to a crying/fussy infant/child	* http://csefel.vanderbilt.edu/ UAMS Family and Community Medicine: *Project PLAY, REACH, others
Healthy indoor and outdoor learning/play environments	Curriculum development and implementation		* http://www.epa.gov/childcare http://childcareaware.org/child-care-providers/program-planning/indoor-and-outdoor-environment
Behavior/discipline	Behavior guidance and positive interaction	Proper supervision of children Behavioral guidance practices	*HCCAR: Managing Challenging Behaviors * www.healthychildcareAR.org
Managing emergency situations	Emergency care and first aid	Emergency procedures for severe weather /fire 50% trained on CPR/first aid	*American Heart Association *American Red Cross Local EMS and Fire Depts
Monitoring developmental abilities/indicators of potential delays	Developmentally appropriate practice and learning environments		* http://www.cdc.gov/ncbddd/actearly/ * http://www.healthychildcare.org/DevScr.html

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Food safety	DIRECTORS #302.7 <i>asst dir/site supervisors, orientation, 15 hours/year early childhood, topics not specified</i>	ALL STAFF #206.4-5 <i>Orientation, 15 hours/year job-specific, but topics not specified</i>	*ServSafe classes (on-line or group classes) * http://www.arhospitality.org/education-training/servsafe/ Local Cooperative Extension offices
Water safety	Nutrition and food service		*ACH Injury Prevention Center: Lessa Payne 364-4314
Safety/injury prevention	Emergency care CPR/first aid training	50% trained on CPR/first aid	*ACH Injury Prevention Center: Lessa Payne (safety and injury prevention) *Approved CPR/First Aid training providers
Safe use, storage, and clean-up of chemicals			* http://www.epa.gov/childcare
Hearing, vision, and language problems			
Physical activity and outdoor play and learning			*TAPP * http://www.cpsc.gov/en/Safety-Education/
Immunizations			* https://www.colorado.gov/pacific/sites/default/files/Imm_Child-Care-Immunization-Course.pdf *ACH General Pediatric Clinic: Karalyn Kerby RN 364-1841 *HCCAR courses: Influenza Prevention in Child Care Managing Infectious Disease * www.healthychildcareAR.org

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Maternal or parental/guardian depression	Parent communication and involvement		http://www.naeyc.org/familyengagement https://www.childwelfare.gov/pubPDFs/childcare.pdf
Exclusion policies			*HCCAR: Managing Infectious Diseases course for Child Care * www.healthchildcareAR.org
Safe sleep environments and SIDS prevention		Safe sleep practices	*ACH Injury Prevention Center: Lessa Payne *HCCAR: Reducing the risk of SIDS (course) * www.healthychildcare.org
Breastfeeding support			http://www.cdc.gov/breastfeeding/pdf/Strategy6-Support-Breastfeeding-Early-Care.pdf http://www.health.state.mn.us/divs/oshii/bf/childcare.html
Environmental health and reducing exposures to environmental toxins			* http://www.epa.gov/childcare

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Shaken baby syndrome and abusive head trauma	DIRECTORS #302.7 <i>asst dir/site supervisors, orientation, 15 hours/year early childhood, topics not specified</i>	ALL STAFF #206.4-5 <i>Orientation, 15 hours/year job-specific, but topics not specified</i>	http://www.purplecrying.info/ *ACH Injury Prevention Center: Lessa Payne 364-4314
Safe medication administration		Administering medication	*HCCAR: Medication Administration Curriculum for Child Care * www.healthychildcareAR.org

Resources:

- Healthy Child Care Arkansas (HCCAR)
- Child Care Aware
- ASU Early Childhood Services
- American Academy of Pediatrics
- CDC

- www.healthychildcareAR.org
- <http://ar.childcareaware.org/>
- <http://asuchildhoodservices.org>
- www.healthychildcare.org
- www.cdc.gov

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TRAINING STANDARDS

Caring for our Children Standard 2.4.2.1.

Health and Safety Education Topics for Staff

Recommended measure:

Health and Safety Education topics offered for staff should include the following: Nutrition, Food safety, promoting brain development, discipline, healthy learning/play, environment, managing emergency situations, monitoring developmental skills, water safety, safety and injury prevention, safe use of chemicals, hearing/vision and language problems, physical activity, good antibiotic use, immunizations, access to community resources, parent depression, exclusion policies, tobacco use, safe sleep, breastfeeding support, med admin, shaken baby, safe use of firearms, safe sleep.

Arkansas Minimum Licensing Standards for Child Care Centers

302 Director:

7. Topics appropriate for continuing early childhood education shall include, but are not limited to the following:
- a. Child growth and development;
 - b. Nutrition and food service;
 - c. Parent communication and involvement;
 - d. Curriculum development and implementation;
 - e. Developmentally appropriate practice and learning environments;
 - f. Behavior guidance and positive interaction;
 - g. Emergency care and first aid;
 - h. Program planning, management and leadership of early childhood programs.

See Division web-site for a list of courses for which The Division maintains contracts to meet the above requirements.

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306 Professional Development for staff:

1. Introduction (8 clock hours) to be completed before being left alone with children:
 - a. Proper supervision of children
 - b. Behavioral guidance practices
 - c. Safe sleep practices for infants
 - d. Shaken baby syndrome; which includes prevention (Carter's Law, Act 1208)
 - e. Appropriately responding to a crying/fussy infant/child
 - f. Emergency procedures in the event of severe weather, or fire, including evacuation procedures and routes, and location and use of fire extinguishers.
 - g. Mandated reporter training
 - h. Administering medication
 - i. Caring for children with special needs / care plans
 - j. Transportation and car seat safety
 - k. Policies regarding release of children to authorized individuals

See Division web-site for a list of courses, that The Division maintains contracts for, which meet the above requirements.

The director, assistant director/site supervisor, and 50% of the facility staff that are on site at any given time shall have a certificate of successful completion of first aid and CPR from an approved organization.

Compiled by:

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Healthy Child Care Arkansas

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